



## NATIONAL SERVICE SCHEME

### GSL DENTAL COLLEGE -NSS UNIT



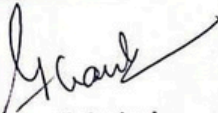
#### OBSERVATION OF REGULAR ACTIVITIES

April 2023-March 2024

#### INDEX

S.no	Name of the event	Date of the event
1.	World health day	07-04-2023
2.	World environment day	05-06-2023
3.	International yoga day	21-06-2023
4.	World hepatitis day	28-07-2023
5.	National independence day	15-08-2023
6.	NSS day	24-09-2023
7.	Nation sports day	29-09-2023
8.	Swachh Bharat mission	01-10-2023& 02-10-2023
9.	World mental health day	10-10-2023
10.	World diabetes day	14-11-2023
11.	World AIDS day	01-12-2023
12.	National republic day	26-01-2024
13.	World Cancer day	04-02-2024
14.	NSS orientation program	10-02-2024
15.	National science day	28-02-2024
16.	National dentist day	06-03-2024
17.	International women's day	08-03-2024
18.	World oral health day	20-03-2024

  
Programme Officer  
Dr. HARIKRISHAN RAJU  
NSS PROGRAM OFFICER  
GSL DENTAL COLLEGE  
RAJAHMUNDRY

  
Principal  
Dr.G.SUNIL  
PRINCIPAL  
G.S.L. DENTAL COLLEGE  
Rajahmundry



NATIONAL SERVICE SCHEME

GSL DENTAL COLLEGE –NSS UNIT



## WORLD HEALTH DAY

**7th April 2023**

On the occasion of world health day, Students of GSL Dental College conducted a camp regarding awareness of oral health and systemic conditions at Seethanagaram village. The program was inaugurated by Mr.J .Raja, MLA Rajanagaram .Students have actively participated in the camp, distribution of toothbrushes and toothpastes to the children and adults in the village. Oral Hygiene practices were explained and minor treatments like extractions and scaling were done. HEALTH FOR ALL theme was perfectly exemplified.

No. of participants: 30 No of beneficiaries-200







NATIONAL SERVICE SCHEME

GSL DENTAL COLLEGE –NSS UNIT



## WORLD ENVIRONMENT DAY

5th June 2023

On June 5th 2023(World environment day) NSS volunteers of GSL Dental College established a “Selfie photobooth” which emphasize on the theme of world environment day i.e **#BeatPlasticPollution**. The students have made eco-friendly props with minimal waste to promote beat plastic campaign and spread awareness. The chairman of GSL Institutions Dr. Ganni Bhaskar Rao had given speech on the World environment day and the program initiated by GSL Dental College - **DENTISTREE** under which various community aided programs were conducted such as plantation program around the college. Also the students had participated actively in this program to spread awareness.





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**GSL DENTAL COLLEGE –NSS UNIT**



## **INTERNATIONAL YOGA DAY-REGULAR ACTIVITY**

**21st June 2023**

INTERNATIONAL YOGA DAY – June 21st 2023 On the occasion of National Yoga day, Students of GSL Dental College conducted a Yoga orientation program in GSL Medical College, Rajahmundry. This event gave a platform to gain knowledge on the importance of yoga for maintaining good physical and mental health. The yoga lecturer created awareness of how yoga can relieve mental stress and maintain health. Basics of yoga and Different asanas were taught to students which focused on different ailments and healing. Prevention is better than cure anecdote was nicely exemplified, as doing yoga daily leads to the prevention of many diseases.

No. of participants: 52 No.of beneficiaries: 80







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**GSL DENTAL COLLEGE –NSS UNIT**



## **WORLD HEPATITIS DAY**

**28TH July 2023**

On 28th July 2023, World Hepatitis Day, NSS Unit of GSL Dental college executed Hep B vaccination program first doses of hep B vaccines were given on 28/07/2023 and 31/07/2023 and second doses of hep B 5/09/2023 And 10/09/2023 and planning booster dose after 6 months, As theme we call on people around the world to take action because Hepatitis Can't Wait, Hence we started the vaccination program

No. of participants: 25 No. of Beneficiaries: 100





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**GSL DENTAL COLLEGE –NSS UNIT**



## **NATIONAL INDEPENDENCE DAY**

**15th August 2023**

India is gearing up to celebrate its 77th Independence Day on August 15. In 2023, India will mark 76 years of freedom from British colonial rule - a significant milestone for the country. Independence Day is celebrated with pomp across the nation and Indians around the globe. Gracing the Independence Day 2023 in India at GSL Dental College we hoisted the flag in our college building and planned a plantation programme as per scheme – “MERI MAATI MERA DESH”.

No. of participants-80 No. of beneficiaries- 100







**NATIONAL SERVICE SCHEME**

**GSL DENTAL COLLEGE –NSS UNIT**



## **NSS DAY-Regular Activity**

**24th September 2023**

24th September is observed as NSS Day since 1969 and is marked across the nation with great enthusiasm. It is the day when this public service scheme was officially launched in India. At GSL Dental College and hospital the NSS day is celebrated by gathering of all NSS VOLUNTEERS at our college lobby, in the gathering we sung Vandemataram together and commenced the event, we have taken the oath of NSS Pledge i.e “I further affirm that I shall never resort to violence and that all differences and disputes relating to the religion, language, region or political or economic graveness shall be settled by peaceful and constitutional manner.” We clapped our hands together for the NSS CLAP. Our dearest Principal Dr Ghanta Sunil sir graced the occasion and shared few words with us, and concluded by National Anthem.

No. of participants: 50 No of Beneficiaries:80





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**GSL DENTAL COLLEGE –NSS UNIT**



## **NATIONAL SPORTS DAY**

**29th September 2023**

National Sports Day is celebrated at GSL Dental College on 29-09-2023. In the playground of GSL Institutions, all the students of GSL Dental College were assembled , march-past was performed by students of all years , flag hosting by Dr Chandrababu sir followed by torch relay .

No. of participants: 150 No. of Beneficiaries: 200







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**GSL DENTAL COLLEGE –NSS UNIT**



## **SWACHH BHARAT MISSION**

**1st Oct- 2nd Oct 2023**

A clean India would be the best tribute India could pay to Mahatma Gandhi on his 150 birth anniversary in 2019,” said Shri Narendra Modi as he launched the Swachh Bharat Mission at Rajpath in New Delhi. On 2nd October 2014, Swachh Bharat Mission was launched throughout length and breadth of the country as a national movement. The Swachh Bharat Abhiyan is the most significant cleanliness campaign by the Government of India. GSL Institutions has taken a part of the seva program and a count of 100 members went to Chakradwarabandam and cleaned the roads on 1.10.2023 and 02.10.2023.

No. of participants: 50 No. of Beneficiaries: 200





NATIONAL SERVICE SCHEME

GSL DENTAL COLLEGE –NSS UNIT



## WORLD MENTAL HEALTH DAY- Special Activity

10th October 2023

On 5.10.2023 in view of National Mental Health week, a orientation lecture was given by Dr. Jagdeesh S , from Department of Psychiatry at GSL Dental College & Hospital on topic – Mental Health- BASICS (signifying the difference between a myth and a fact ) at Arundhanthi hall 1 from 9:30 AM to 10:30 AM.

No of participants: 20 No of Beneficiaries:100







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GSL DENTAL COLLEGE –NSS UNIT



## WORLD DIABETES DAY

14th November 2023

In the view of World Diabetes Day 2023 on 14th November GSL Dental College NSS Unit conducted certain activities such as Free Diabetic screening for patients (30) and Painting competition (Theme- Access to Diabetes care) for first year dental students. We also celebrated Children's days by creating awareness on health through various activities.

No.of participants-10 No.of beneficiaries -50





## NATIONAL SERVICE SCHEME

### GSL DENTAL COLLEGE -NSS UNIT

#### WORLD AIDS DAY

**1ST December 2023**

1ST December WORLD AIDS DAY and it was the first ever global health day. It's an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS – related illness. NSS Student volunteers actively participated in creating awareness

No of volunteers: 20 no of beneficiaries: 60







**NATIONAL SERVICE SCHEME**

**GSL DENTAL COLLEGE –NSS UNIT**



## **NATIONAL REPUBLIC DAY**

**26th JANUARY 2024**

The Nss unit of Gsl dental college celebrated India's 75th Republic day. Nss volunteers, Dr. Ghanta Sunil(Principal), Dr. Hari krishnam Raju(Programme Officer) and other teaching staff participated in the celebration and ceremony which constitute unfurling the flag ,National anthem, Pledge , National song, Patriot messages and speeches. Refreshments are distributed to the Participants. Republic Day in is celebrated India commemorating the adoption of the Constitution of India, and the country's transition to public which came into effect on 26 January 1950. The original text of the Preamble to the Constitution of India. The Constitution of India came into force on 26 January 1950.



No of volunteers:120. No of beneficiaries:200



**NATIONAL SERVICE SCHEME**

**GSL DENTAL COLLEGE –NSS UNIT**

## **WORLD CANCER DAY**

**4th FEBRUARY 2024**

World Cancer Day is observed annually on February 4th to raise awareness about cancer, encourage its prevention, detection, and treatment, and unite efforts globally to fight against this widespread disease. In line with this global initiative, the NSS (National Service Scheme) volunteers, Dr .Ghanta Sunil(Principal), Dr .Hari Krishnam Raju(Programme officer) and other teaching staff participated in the event regarding cancer awareness program at GSL Dental College and Hospital organized a series of events such as awareness campaigns both within the college premises and in nearby communities by distributing informational pamphlets, by conducting interactive sessions, and engaged in discussions to dispel myths and educate individuals about the importance of early detection and prevention of cancer.



No of volunteers :50 no of beneficiaries: 150





**NATIONAL SERVICE SCHEME**

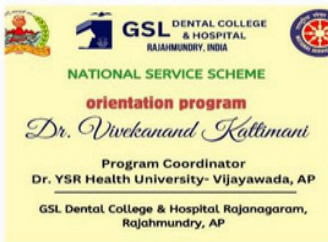
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## **NSS ORIENTATION DAY**

**10TH February 2024**

GSL dental college Nss unit organised Nss orientation program. Student volunteers are enlightened with various regular and special activities and scope of Nss by our Nss university coordinator Dr Vivekananda Kattimani followed by Nss badges and dairies distribution to Nss volunteers. A total of 150 student volunteers participated in the program. Thank you sir for your valuable contribution and making program successful



**Programme officer- Dr.harikrishnam raju Principal:Dr.G.Sunil**



**NATIONAL SERVICE SCHEME**

**GSL DENTAL COLLEGE –NSS UNIT**



## **National Science Day**

**28**

**<sup>TH</sup> February**

NSS team of GSL DENTAL COLLEGE AND HOSPITAL, RAJAHMUNDY organised Science Day event a resounding success ,bringing together students and guests to celebrate the Marvel of science and innovation. The event aimed to foster curiosity promote Scientific thinking and showcase the achievements of our academic Community. They were interactive workshops covering a wide range of scientific disciplines. From robotics and coding to environmental science and biotechnology, these included circulatory model, chemical induced combustion, nutritional values of vegetables, plants and their families, anatomy of human body , arterial and venous supply of face , lightening effect ,steps in water filtration, DNA models, G.V.Black classification of caries and poster presentations and the event concluded with closing ceremony, where participants were acknowledged for their contributions and achievements along with certifications. Students awarded with cash price.

Vote of thanks was given by Dr. K- Roja Lakshmi mam (Head. Of Scientific Research Innovation)

and



**No of volunteers:60**

**Programme officer -Dr.HARIKRISHNAM RAJU**

**Principal- Dr.G.SUNIL**





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## **National Dentist Day**

**6th March 2024**

NSS team of GSL DENTAL COLLEGE AND HOSPITAL, RAJAHMUNDRY organised dentist day on March 6th by starting the day with speech about dentistry which detailed and ameliorated the quality of life by restoring dental function and aesthetics acknowledging people to eat, speak ,smile confidently and contributing to healthier and happier life.

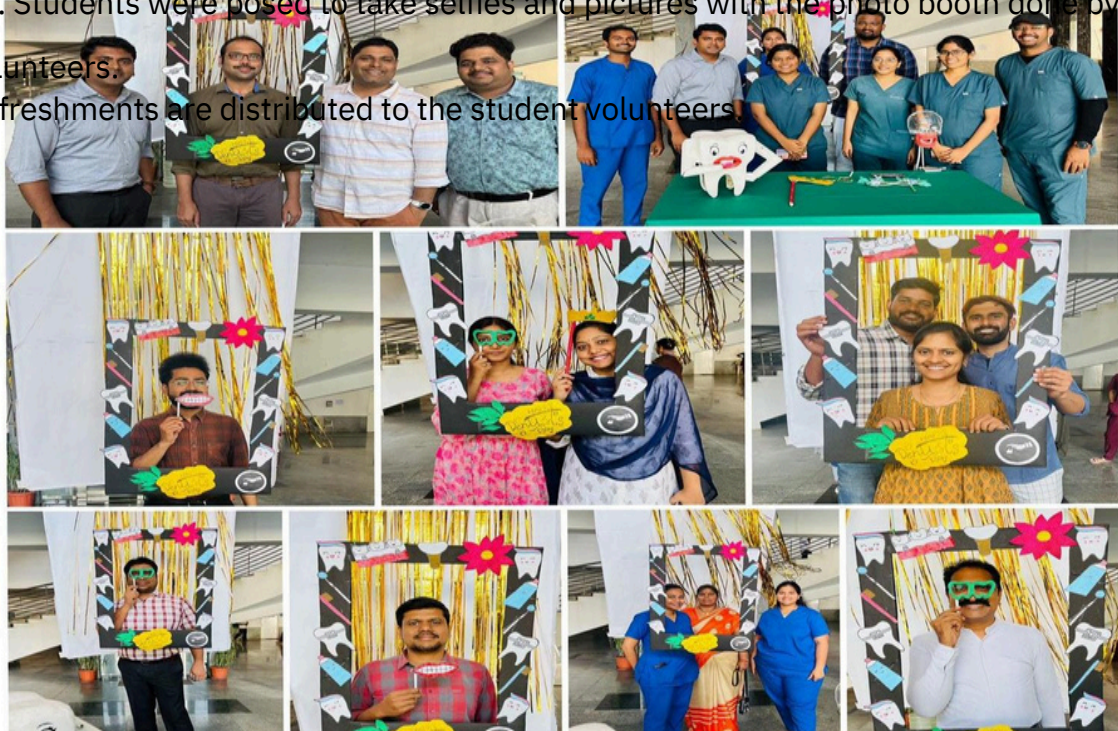
Educational seminars and workshops were held. Interactive sessions with professionals.

Distribution of informational pamphlets and brochures. Interactive game and contests,

Distribution of toothbrush and toothpaste to various schools and other organizations, community outreach programs. Vote of thanks was given by NSS Student representative Md.

Ali. Students were posed to take selfies and pictures with the photo booth done by volunteers.

Refreshments are distributed to the student volunteers



**No of volunteers:30 No of**

**beneficiaries:50**



**NATIONAL SERVICE SCHEME**

**GSL DENTAL COLLEGE –NSS UNIT**



## **International Women's Day**

**8th March 2024**

NSS team of GSL Dental college & Hospital organised women's day event on 8th March. The programme was started on 10am. The guest of honour was Dr. Pavani bhesetty regional coordinator of Unnath Bharath Abhiyan she emphasized the importance of gender equality and advocated for creating a campus culture that fosters equal opportunities for all genders and the importance of providing equal access to education for women she prompted the college community to work together to create an inclusive and supportive environment where women can thrive and succeed. Student volunteers followed dress code on the eve of women's day.

The women's day event speech delivered by Dr. pavani bhesetty garu was insightful and inspiring, providing valuable insights into women's issues relevant to our college



**Programme officer - Dr HARIKRISHNAM RAJU**

**Principal - Dr C SUNIL**

No of volunteers :100 no of beneficiaries:150





**NATIONAL SERVICE SCHEME**

**GSL DENTAL COLLEGE –NSS UNIT**



## **WORLD ORAL HEALTH DAY**

### **20th MARCH 2024**

On March 20th 2024, NSS Volunteers celebrated 'WORLD ORAL HEALTH DAY' at Ramachandrapuram. Volunteers conducted camp program started at 8:30 on March 20th with an introductory speech given by Ganni bhaskar Rao garu chairman of GSL institutions .The gathering was addressed and glorified by the words of wisdom of Dr Sunil principal of GSL dental college. A short health talks were rendered by final years on the topic of dentition, eruption and shedding diet, dental caries, periodontal diseases followed by malocclusions and habits. An oral health lecture on health habits by Dr Harikrishna. Brushing techniques were demonstrated and oral hygiene instructions was given by NSS Student Representative S.Pooja Santhoshi to the audience. A rally was conducted in local village .the event drew more than 50 students including staff, postgraduates, and undergraduates. The importance of oral health its impact on systemic health, deleterious habits and oral hygiene instructions were conveyed thorough posters, brochures, and slogans. 456 patients are screened.



No of volunteers :50 No.of beneficiaries:456